

# Sinless

Luke 2:41-52

## God Story

Kid in the Wilderness |  
Luke 4:1-13

### Big Idea

Jesus lived a sinless life.

### Key Verse

"We have come to believe  
and to know that you are  
the Holy One of God."  
John 6:69 (NIV)

### Leader Tip

Pray for the kids in your  
group before they arrive.

## Life Story

### 1. Conversation Starter

2 MINUTES

Lead into today's story about Jesus by discussing the kids' experiences with getting lost. Introduce the Big Idea.

### 2. Intro Activity

5 MINUTES

Get the kids moving as they decide whether a variety of common, real-life scenarios are easy or hard for them to handle.

## God Story

### 3. Weekly Video

12 MINUTES

Watch the video, which includes host, God Story, Key Verse, and Life Story segments. Recap and discuss the teaching together.

## My Story

### 4. Small Group Activity

12 MINUTES \*

Review the God Story with a fun trivia game.

### 5. Wrap-Up Activity

8 MINUTES

Brainstorm ways to show Jesus how much we love him, then pray for the kids and their ideas.

## Our Story

### 6. Dismissal

Connect with parents and give them the take-home materials.

\*Extend as needed and adjust timing for other activities

# Life Story

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## 1. Conversation Starter

**Supplies**

- None

**Leader Tip:**

This is meant to be a casual conversation as the kids arrive. Move on quickly to the Intro Activity so you have enough time for it before the teaching video.

**Instructions:**

- Welcome the kids and gather the group together.
- Discuss:
  - Have you ever wanted to do something that you knew you shouldn't do? (e.g., eating something a parent told you not to, or sneaking in more screen time than you're allowed)? What happened?
  - What do you think the word "tempted" means?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.
- Let the kids know that being tempted means wanting to do something you shouldn't do. To tempt someone else means trying to get them to do something they shouldn't do.
- Introduce the Big Idea: Jesus lived a sinless life. He was able to resist every single temptation.

## 2. Intro Activity

**Supplies**

- Easy and Hard signs
- Wall-safe tape

**Before the Activity:**

Hang the two signs at opposite ends of your group's space.

**Instructions:**

- Guide everyone in the middle of the space.
  - Explain that some things in life are hard to resist! In today's God Story, it would have been very difficult for Jesus not to give in. But Jesus lived a sinless life even when things got tough for him!
  - Point out the Easy and Hard signs.
  - Read the following list and prompt the kids to show whether they think each item is easy or hard to do by moving to the corresponding sign.
    - Don't eat cookies until after supper.
    - Let your younger sibling play with you.
    - Make your bed and clean your room.
    - Wait until your homework is done before playing video games.
    - Brush your teeth twice a day.
    - Be friends with a lonely kid at school.
    - Pray for bullies.
    - Love other people as much as Jesus loves you.
    - Honour your parents.
  - Add your own ideas and keep playing as long as time allows and everyone is engaged.
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# God Story

## 3. Weekly Video

### Supplies

- Video file

### Instructions:

- Play the video. It includes:
  - Host segment
  - God Story (Jesus in the Wilderness | Luke 4:1-13)
  - Key Verse segment
  - Life Story (Dan asks kids to share about how we can live sinless lives, how often we sin, and what sin is. He uses axe throwing as an example of sin missing the mark).
- Discuss:
  - What was the Life Story about in today's video?
  - What was the God Story about?
  - How do you think these two stories and today's Big Idea (Jesus lived a sinless life) connect?

## 4. Small Group Activity

### Supplies

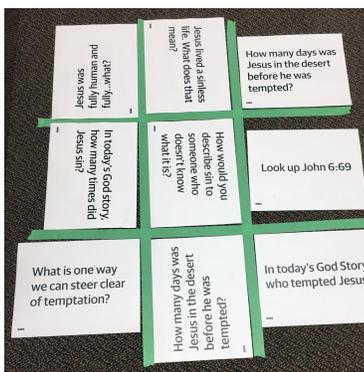
- Masking tape
- Questions
- Bibles
- Popper

### Before the Activity:

Create a grid on the floor with the masking tape (refer to the sample photo). Place a question face down in each square.

### Instructions:

- Gather your small group around the grid.
- Place the Bibles where everyone can reach them.
- Guide the kids to take turns choosing a question with the popper. They'll set in on the grid. Flip over the questions closest to where it lands after popping.
- Read aloud the question and encourage the group to answer it. Prompt them to refer to a Bible as needed.
- Ask a different person to set the popper for the next questions.
- Refer to the answers listed below as needed:
  - In today's God Story, who tempted Jesus? (Satan)
  - How many times did Jesus sin? (never)
  - How many days was Jesus in the desert before he was tempted? (40)
  - Each time Jesus was tempted, how did he respond? (he quoted scripture – Bible verses – to Satan)
  - What's one way we can avoid temptation? (e.g., pray for God's help; have a friend help)
  - What does it mean that Jesus lived a sinless life? (he never sinned – not even once)
  - How would you describe sin to someone who doesn't know what it is? (falling short or missing the mark)
  - Jesus was fully human and fully...what? (God!)



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## 5. Wrap-Up Activity

### Supplies

- Circle cutouts
- Markers
- Wall-safe tape
- Bibles

### Instructions:

- Remain in your small group and sit in a circle.
- Explain that Jesus never sinned, but he died for our sins because he loves us so much.
- Lead the kids to brainstorm ways they could show Jesus how much they love him.
- Give each person a cutout and a marker.
- Direct the kids to write one idea along with their names on their cutouts. Help with spelling as needed.
- Pray for each of them by name. Have everyone hold up their cutouts as you pray.
- Place the cutouts in a spot where parents will see them at pick-up time.
- If time permits, hand out Bibles and guide the kids to look up John 6:69, this month's Key Verse.
- Read each word of the verse together as a group.

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# Our Story

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## 6. Dismissal

### Supplies

- Crafts
- Take-home cards
- Key Verse cards
- Key Verse Colouring pages

### Leader Tip:

Organize the take-home materials so they're easy to access. It may be helpful to sort them before the lesson, then set out any crafts later. Consider having one leader focus on handing out everything.

### Instructions:

- Greet parents as they arrive to pick up their kids. Take a moment to share a highlight or two from your time together today.
  - Give everyone a weekly take-home card as well as the monthly Key Verse card and colouring page.
  - Offer a Key Verse card and colouring page to anyone who has not gotten them this month.
  - Remind the kids to take their crafts.
  - Make sure their security numbers match before they leave your group's space.
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