



Pray

GOD STORY

Jesus Teaches His Disciples to Pray.
Luke 11:1-13

KEY VERSE

“Father, may your name be honoured. May your kingdom come. Give us each our daily bread. Forgive our sins, as we also forgive everyone who sins against us. Keep us from falling into sin when we are tempted.
Luke 11:2b-4 (NIRV)

LEADER TIP

Prepare for the activities before the kids arrive, so you can lead with confidence and enthusiasm! Remember to pray for your group, too.

Life Story

1 | CONVERSATION STARTER (2 Minutes)

Lead into today’s lesson by getting kids to think about who they like to talk to and what they like to talk about.

2 | INTRO ACTIVITY (5 Minutes)

Experiment with paper-cup telephones and highlight that there’s no wrong way to pray to God.

God Story | Life Story

3 | WEEKLY VIDEO (12 Minutes)

Watch the video, which includes host, God Story, Key Verses and Life Story segments. Recap and discuss the teaching together.

My Story

4 | SMALL GROUP ACTIVITY (12 Minutes*)

Walk through Luke 11:2-4 using an activity page.

5 | WRAP-UP ACTIVITY (8 Minutes)

Play an active trivia game that focuses on prayer.

Our Story

6 | DISMISSAL

Connect with parents and give them take-home materials.

* Extend as needed and adjust for other activities



Life Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

Use this time to welcome the kids, build community, and set the tone for your group's time together.

INSTRUCTIONS

- Gather the kids together as they arrive.
- Ask:
 - If you could talk to anyone right now, who would you talk to? Why?
 - What would you talk about?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.
- Let the kids know that God loves to talk to us! Prayer is how we talk with God. Praying isn't just about us speaking, it's also about us listening. Today's Big Idea is simple: Pray.
- Introduce this week's very simple Big Idea: Pray

2 | Intro Activity

SUPPLIES

- Paper cups attached with yarn

INSTRUCTIONS

- Divide the kids into groups of up to 10 people.
- Give each group a telephone made of paper cups.
- Encourage the kids to take turns experimenting with it. Prompt them to try talking with the yarn loose and then try talking with the yarn taut.
- Guide them to conclude that one method works and one does not.
- Explain that this kind of phone has a right way and a wrong way to use it. But when it comes to talking to God, there is no wrong way!
- Emphasize that we can talk to God about anything. God wants us to spend time with him.
- Direct the group to pass around the phone. Prompt each person to say something to God into it. Have fun with it!



God Story | Life Story

My Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Jesus Teaches His Disciples to Pray | Luke 11:1–13)
 - Key Verses segment
 - Life Story (Tika Bijlani prayed relentlessly for God to help her with her anxiety. And God did!)
- Discuss:
 - What was the Life Story about in today's video?
 - What was the God Story about?
 - How do you think these two stories and today's Big Idea (Pray) connect?

4 | Small Group Activity

SUPPLIES

- Key Verses sign
- Wall-safe tape
- Lord's Prayer activity pages
- Pens
- Markers

BEFORE THE ACTIVITY

Put the Key Verses sign where everyone can see it.

LEADER TIP

Make sure everyone's names are on their pages.

INSTRUCTIONS

- Gather your small group to sit where they can see the Key Verses sign.
- Explain that the Key Verses for this series are part of a prayer. People have modelled their own prayers after it for hundreds and hundreds of years!
- Review Luke 11:2–4. Lead the kids to say it with you a couple of times.
- Give everyone an activity page.
- Place the markers and pens where everyone can reach them.
- Read aloud the passage on the page line by line. As you do so, direct the kids to write or draw their answers in the spaces provided.
- Encourage everyone to take the page home and use it as a guide and reminder to pray often!



My Story

5 | Wrap-Up Activity

SUPPLIES

- Masking tape
- Buzzers

BEFORE THE ACTIVITY

At one end of your group's space, create a starting line on the floor with masking tape. Place the buzzers at the other end of the space.

INSTRUCTIONS

- Divide the kids into two teams.
- Guide each team to sit in a line behind the taped starting line.
- Explain that the first part of the Lord's Prayer honours God's name. In other words, it praises or worships him. When we're full of joy, we often want to praise God. But when we're having a tough day, we may not feel like it. Philippians 4:4 remind us, "Always be joyful because you belong to the Lord. I will say it again. Be joyful!" (NIRV)
- Let the kids know that you'll be asking trivia questions. Before answering the question, the person at the front of each line must crabwalk to their team's buzzer and hit it.
- Read the following questions one at a time, then wait for a team to buzz in to answer:
 - What could you say to praise or worship God? (e.g., You're awesome! Thanks! I love you!)
 - Do you have to close your eyes when you pray? (No!)
 - What does "hallelujah" mean? (Praise God)
 - What's one thing you can pray about?
 - Is it possible to pray too much? (No!)
 - Does God answer our prayers? (Yes! God always does what's best for us.)
 - Is there a "right" way to pray? (No!)

- Is there anything you cannot talk to God about? (No!)
 - Name one great place to pray. (Anywhere!)
 - What's one "need" that someone might ask God to help them with when they pray?
 - What do you think "amen" means? (So be it)
- When the game is over, gather the group to sit together in a circle.
 - Start praying, then encourage each person to say one sentence of "praise" for God.

Our Story

6 | Dismissal

SUPPLIES

- Crafts
- Take-home cards
- Key Verses cards
- Key Verses colouring pages

LEADER TIP

Organize the take-home materials so they're easy to access. It may be helpful to sort them before the lesson, then set out any crafts later. Consider having one leader focus on handing out everything

INSTRUCTIONS

- Greet parents as they arrive to pick up their kids. Take a moment to share a highlight or two from your time together today.
- Give everyone a weekly take-home card as well as the series Key Verses card and colouring page.
- Remind the kids to take their crafts.
- Make sure their security numbers match before they leave your group's space.