



# Pray

## GOD STORY

Jesus Teaches His Disciples to Pray  
*Luke 11:1–13*

## KEY VERSE

“Father, may your name be honoured. May your kingdom come. Give us each our daily bread. Forgive our sins, as we also forgive everyone who sins against us. Keep us from falling into sin when we are tempted.”  
*Luke 11:2b–4 (NIRV)*

## LEADER TIP

Prepare for the activities before the kids arrive, so you can lead with confidence and enthusiasm! Remember to pray for your group, too.

## Life Story

### 1 | CONVERSATION STARTER (2 Minutes)

Lead into today’s lesson by getting the kids to think about who they like to talk to and what they like to talk about.

### 2 | INTRO ACTIVITY (5 Minutes)

Play a word association game to highlight some important words.

## God Story | Life Story

### 3 | WEEKLY VIDEO (12 Minutes)

Watch the video, which includes host, God Story, Key Verse and Life Story segments. Recap and discuss the teaching together.

## My Story

### 4 | SMALL GROUP ACTIVITY (12 Minutes\*)

Use an activity page to help the kids work through Luke 11:2–4.

### 5 | WRAP-UP ACTIVITY (8 Minutes)

Encourage everyone to pray with fill-in-the-blank starters.

## Our Story

### 6 | DISMISSAL

Connect with parents and give them take-home materials.

\* Extend as needed and adjust for other activities



## Life Story

### 1 | Conversation Starter

#### SUPPLIES

- None

#### LEADER TIP

Use this time to welcome the kids, build community, and set the tone for your group's time together.

#### INSTRUCTIONS

- Gather the kids together as they arrive.
- Ask:
  - If you could talk to anyone right now, who would it be? Why?
  - What would you talk about?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.
- Explain that praying is talking and listening to God. Emphasize that God loves to talk with us!
- Introduce this week's very simple Big Idea: Pray.

### 2 | Intro Activity

#### SUPPLIES

- None

#### INSTRUCTIONS

- Sit in a circle with the kids.
- Explain that you're going to play a word association game, starting with the word "pray".
- Model what to do by saying the first word that comes to mind when you hear "pray".
- Prompt the person to your right to say the first word that comes to their mind based on your word.
- Repeat until everyone has had a turn.
- Play more rounds as time permits, starting out with "forgive", "love", "Jesus", "church", and "friends".
- To wrap up, remind the kids that when we pray, we're talking and listening to God.



## God Story | Life Story

## My Story

### 3 | Weekly Video

#### SUPPLIES

- Video file

#### INSTRUCTIONS

- Play the video. It includes:
  - Host segment
  - God Story (Jesus Teaches His Disciples to Pray | Luke 11:1–13)
  - Key Verses segment
  - Life Story (Tika Bijlani prayed relentlessly for God to help with her anxiety. And God did!)
- Discuss:
  - What was the Life Story about in today's video?
  - What was the God Story about?
  - How do you think these two stories and today's Big Idea (Pray.) connect?

### 4 | Small Group Activity

#### SUPPLIES

- Key Verses sign
- Wall-safe tape
- Bibles
- Lord's Prayer activity pages
- Pens
- Markers

#### BEFORE THE ACTIVITY

Put the Key Verses sign where everyone can see it.

#### LEADER TIP

Make sure everyone's names are on their pages.

#### INSTRUCTIONS

- Discuss:
  - How do you pray?
  - When do you pray?
  - What do you say when you pray?
- Explain that the Key Verses for this series are part of a prayer. People have modelled their own prayers after it for hundreds and hundreds of years!
- Make sure everyone has a Bible. Share them if needed.
- Guide the kids to look up Luke 11:2–4.
- Read the verses together.
- Give everyone an activity page.
- Place the markers and pens where everyone can reach them.
- Read aloud the passage on the page line by line. As you do so, direct the kids to write or draw their answers in the spaces provided.
- Encourage everyone to take home the page and use it as a guide and reminder to pray often!



## Our Story

### 5 | Wrap-Up Activity

#### SUPPLIES

- Die

#### INSTRUCTIONS

- Remain in your small group and sit in a circle.
- Let the kids know that everyone will have a turn rolling the die. The number they roll corresponds with a fill-in-the-blank prayer.
- Guide everyone to take turns rolling the die, then prompt them to say the corresponding prayer:
  - Dear God, thank you for...
  - Dear God, please help...
  - Dear God, you are...
  - Dear God, help me to...
  - Dear God, be with...
  - Roll again!
- Make sure everyone gets at least one turn (if they want one). Take multiple turns if time allows.
- To wrap up, pray for each member of your group by name.

### 6 | Dismissal

#### SUPPLIES

- Crafts
- Take-home cards
- Key Verse cards
- Key Verse colouring pages

#### LEADER TIP

Organize the take-home materials so they're easy to access. It may be helpful to sort them before the lesson, then set out any crafts later. Consider having one leader focus on handing out everything.

#### INSTRUCTIONS

- Greet parents as they arrive to pick up their kids. Take a moment to share a highlight or two from your time together today.
- Give everyone a weekly take-home card as well as the monthly Key Verse card and colouring page.
- Remind the kids to take their crafts.
- Make sure their security numbers match before they leave your group's space.