

UNHINDERED ASSESSMENT

ATTITUDE & DEMEANOR

On a scale of 1-5 (1=very much) how would you rate the following...

1. I am a patient person. **1 2 3 4 5**
2. I insist on doing things my way. **1 2 3 4 5**
3. I get restless or bored quickly. **1 2 3 4 5**
4. I am generally a happy person. **1 2 3 4 5**
5. I avoid conflict at all costs **1 2 3 4 5**
6. I often think I know more than others. **1 2 3 4 5**
7. I am likely to pass along gossip that I hear. **1 2 3 4 5**
8. I tend to assume I am right and others are wrong. **1 2 3 4 5**

When things are not going your way, how often do you get angry or give into your tempter?

Often | Rarely

How often do you take the time to slow down, reflect, and discern the best path forward?

Often | Rarely

Do you consider yourself a humble person? Yes | No

How often do you find yourself being critical of others? Often | Rarely

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- I'm usually very confident in my opinions. Yes | No
- I get in arguments with others frequently. Yes | No
- I am a perfectionist. Yes | No
- I struggle to be content. Yes | No
- I avoid using foul or rough language. Yes | No

I think those who know me well would say that I am... (Circle all that apply.)

Honest

Joyful

Kind

Softspoken

Stubborn

Arrogant