

UNHINDERED ASSESSMENT

RELATIONSHIPS & COMMUNITY

On a scale of 1-5 (1=great) please rate your current relationship with the following...

- 1. Parents **1 2 3 4 5**
- 2. Spouse/Significant Other **1 2 3 4 5**
- 3. Children **1 2 3 4 5**
- 4. Co-Workers **1 2 3 4 5**
- 5. Friends/Others **1 2 3 4 5**

Have you experienced significant conflict/stress in past relationships? Yes | No

With whom? _____

Are you active in community groups or organizations? Yes | No

What do you look for in a church? _____

Is there a specific cause of tension or conflict in one or more of your relationships? Yes | No

What is it? _____

How often are you honest in sharing feelings, frustrations, opinions, etc. with others?

Often | Rarely

Is there a common theme among relationships that have faded or ended? Yes | No

What is it? _____

Do you feel you get taken advantage of often? Often | Rarely

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What are the biggest relationship mistakes you have made in your past?

Do you think you tend to use people? Yes | No

Be used by people? Yes | No

Have you left a church or other organization? Yes | No

How often? _____

Why? _____
