

UNHINDERED ASSESSMENT

PRAYER & STUDY

On a scale of 1-5 (1=very good) how would you rate the following...

- | | | | | | |
|---|----------|----------|----------|----------|----------|
| 1. Your spiritual life over the last month? | 1 | 2 | 3 | 4 | 5 |
| 2. The past year? | 1 | 2 | 3 | 4 | 5 |
| 3. How connected do you feel to your faith? | 1 | 2 | 3 | 4 | 5 |
| 4. God? | 1 | 2 | 3 | 4 | 5 |
| 5. your church community? | 1 | 2 | 3 | 4 | 5 |

How much time do you spend time daily/weekly in prayer? _____ I Don't

How do you typically practice prayer? _____

How much time do you spend time daily/weekly reading scripture? _____ I Don't

How would you describe your level of discipleship? (Circle all that apply.)

1. I go to church
2. I actively try to incorporate my faith into my life
3. My faith is the center of who I am
4. Not sure
5. My faith is not particularly strong at this time

On a scale of 1-5 (1=very good) how would you rate the following...

- | | | | | | |
|--|----------|----------|----------|----------|----------|
| 1. I have a solid understanding of the Christian faith | 1 | 2 | 3 | 4 | 5 |
| 2. I have a good working knowledge of the Bible | 1 | 2 | 3 | 4 | 5 |
| 3. I am comfortable talking about my faith with others | 1 | 2 | 3 | 4 | 5 |
| 4. I consider myself an active Christian | 1 | 2 | 3 | 4 | 5 |
| 5. I put significant time and energy into my relationship with Jesus | 1 | 2 | 3 | 4 | 5 |

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How much personal time do you spend daily...

- 1. Phone _____ (Hours)
- 2. Computer _____ (Hours)
- 3. Social Media _____ (Hours)
- 4. Entertainment _____ (Hours)

Are you more or less involved than the past with... (Circle)

- | | | | |
|--------------------|-------------|-------------|-------------|
| 1. Church | MORE | SAME | LESS |
| 2. Worship | MORE | SAME | LESS |
| 3. Personal Prayer | MORE | SAME | LESS |
| 4. Bible study | MORE | SAME | LESS |

What has changed?

UNHINDERED ASSESSMENT

GRATITUDE & GENEROSITY

On a scale of 1-5 (1=very much) how would you rate the following...

1. I am typically optimistic. **1 2 3 4 5**

2. I catch myself worrying often. **1 2 3 4 5**

3. I am very good at expressing thanks and gratitude. **1 2 3 4 5**

4. I tend to be a generous giver and tipper. **1 2 3 4 5**

5. I am concerned about money often. **1 2 3 4 5**

6. I prefer to expect less and be surprised rather than get my hopes up. **1 2 3 4 5**

Do you volunteer regularly? I Do | I Don't

Do you feel the need to get credit or recognition when helping, giving, or volunteering?

I Do | I Don't

Do you feel that people you have helped "owe" you something in return? I Do | I Don't

Do you keep track? I Do | I Don't

What percentage of income do you donate/give to church and charities? _____

Do you tend to hold people's faults against them or remember their mistakes? I Do | I Don't

Do you tend to fixate on your own faults and mistakes? I Do | I Don't

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ATTITUDE & DEMEANOR

On a scale of 1-5 (1=very much) how would you rate the following...

1. I am a patient person. **1 2 3 4 5**
2. I insist on doing things my way. **1 2 3 4 5**
3. I get restless or bored quickly. **1 2 3 4 5**
4. I am generally a happy person. **1 2 3 4 5**
5. I avoid conflict at all costs **1 2 3 4 5**
6. I often think I know more than others. **1 2 3 4 5**
7. I am likely to pass along gossip that I hear. **1 2 3 4 5**
8. I tend to assume I am right and others are wrong. **1 2 3 4 5**

When things are not going your way, how often do you get angry or give into your temper?

Often | Rarely

How often do you take the time to slow down, reflect, and discern the best path forward?

Often | Rarely

Do you consider yourself a humble person? Yes | No

How often do you find yourself being critical of others? Often | Rarely

UNHINDERED ASSESSMENT

ATTITUDE & DEMEANOR

- I'm usually very confident in my opinions. Yes | No
- I get in arguments with others frequently. Yes | No
- I am a perfectionist. Yes | No
- I struggle to be content. Yes | No
- I avoid using foul or rough language. Yes | No

I think those who know me well would say that I am... (Circle all that apply.)

Honest

Joyful

Kind

Softspoken

Stubborn

Arrogant